

# The BOWLO

BANGALOW

## Smalls

	M/V
<b>House Olives</b> (VG, GF)	9/10
<b>Garlic Bread</b>	11/13
<i>House flatbread, garlic butter, pecorino</i>	
<b>KFC Wings</b> (GF)	17/20
<i>Fried wings, house hot sauce</i>	
<b>Calamari</b> (DF)	17/20
<i>Szechuan spice, crispy chilli mayo</i>	
<b>Hot Artichoke Dip</b> (V)	14/16
<i>Crusty bread</i>	
<b>Chips &amp; Gravy</b> (GF, DF)	10/12

## Vegetables/Leaves

<b>Winter Salad</b> (VG)	18/20
<i>Charred sugarloaf, radicchio, roast cauliflower, leek, macadamia cream, lemon pepper, caper &amp; raisin dressing</i>	
<b>Bang Bang Brussels</b>	16/18
<i>(VG, GF, DF)</i> <i>Fried brussels sprouts, strange flavour, cheat-code chilli oil</i>	
<b>Mixed local leaves and herbs</b>	6/8
<b>See Specials Board for more options</b>	

## Classic Counter Meals

\* All served with chips, local leaves & herbs \* except Pasta

<b>Steak</b> (GF, DF)	35/40
<i>250g grass fed rump cap</i>	
<b>Fish &amp; Chips</b> (DF)	27/29
<i>Beer battered market fish &amp; tartare</i>	
<b>Chicken Schnitty</b>	27/30
<i>300g free range panko crumbed</i>	
<b>Chicken Parmy</b>	29/32
<i>300g free range panko crumbed, Napoli sauce, ham, mozzarella</i>	

**Eggplant Parmy** (Df option, V) 24/27  
*Panko crumbed eggplant, Napoli sauce, mozzarella*

**Pasta** (DF option) 30/32  
*Ragu bianco (white bolognese) fresh mafaldine, slow cooked Bangalow pork, fennel, chilli oil, pecorino*

## Burgers

\*All served with chips on Martins potato rolls except vegan

**Cheeseburger** 20/23  
*Grass-fed beef smashed patty, double American cheese, pickles, onion, ketchup, mustard*

**Add a patty** 5

**Beef** 23/28  
*Double grass-fed beef smashed patties, American cheese, lettuce, tomato, onion, dill pickle mayo*

**add a patty** 5

**Steak Sambo** 24/28  
*Bread Social sourdough, thinly sliced rib fillet, melted Swiss cheese, crisp leaves, horseradish mayo, agrodolce*

**Fried Chicken** 23/28  
*Buttermilk fried chook, American cheese, lettuce, tomato, onion, dill pickle mayo*

**Veg Burger** (V) 23/26  
*Roast field mushroom, American cheese, lettuce, tomato, onion, dill pickle mayo*

**Vegan Cheeseburger** (VG) 26/29  
*Impossible™ Vegan Pattie, double vegan cheese, pickles, onion, ketchup, mustard*  
**GF options available**

## Kids

M/V  
All 13/15

**Pasta** (V)  
*Napoli sauce, parmesan*

**Banger & Mash** (GF)  
*Free Range Pork Sausage, mashed potato, peas, ketchup*

**Fish Fingers**  
*Chips, leaves, mayo*

**Kid's Cheeseburger**  
*Grass-fed patty, ketchup, cheese*

**Hawaiian Pizza**  
*Napoli sauce, ham, pineapple, mozzarella*

**Add middy of soft drink / juice pop top & ice cream** 3

**Sugar Hit** See Specials

## Sauces

All 4

**Mushroom Gravy** (GF)

**Gravy** (GF)

**Chimi Churri** (GF, DF, VG)

**Homemade hot sauce** (GF, DF, VG)

**Agrodolce (onion jam)** (GF, DF, VG)

**Crispy Chilli Butter** (V)

All Chicken is free range.  
All Pork is free range.  
All Beef is grass fed, MSA certified.

All Produce is sourced locally.  
Supporting small producers and businesses in the Northern Rivers, Bundjalung Nation.

## Takeaway Available, please ask.

Dairy Free (DF), Gluten Free (GF), Vegetarian (V), Vegan (VG). Please alert staff for all other dietary needs

MONDAY CLOSED, TUESDAY POP UPS from 4:30pm - Check Website

WEDNESDAY TO FRIDAY BOWLO KITCHEN - 12.00 - 2.30 | 5.00 - 8.30

SATURDAY BOWLO KITCHEN - 12.00 - 3.00 | 5.00 - 8.30 SUNDAY POP UP - Check Website

15% Surcharge on all public holidays